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Install flow regulators



Save water, save energy, save money

These are three key benefits of installing flow regulators (restrictors) to your existing showerhead and sink sets. The savings in water can be up to 50%.

Easy installation

Installing water-saving aerators and flow regulators is incredibly easy and you don't need a plumber. All you need is a spanner and the flow devices which are available from hardware stores and plumbing outlets. Each aerator or flow regulator should have its own set of instructions but just in case we have included some basic installation information to assist.

How to install for the shower:

1. Use a spanner to unscrew the shower outlet in an anti-clockwise direction.



3. Fit the new flow restrictor turning in a clockwise direction, and tighten using a spanner.



What is a flow regulator?

A device that regulates the amount of water coming out of your household taps. The reduction from a shower is typically 15 to 25 litres per minute down to 6 to 9 litres per minute when a flow regulator has been installed.

What is an aerator?

Aerator taps add air to the water coming from taps to reduce water use while still giving a full-bodied flow.

Not one size fits all

Not all taps and showerheads are the same, but most flow regulators and aerators will fit. If you purchase one and it isn't right then exchange it at the place of purchase.

2. Wind thread tape onto the brass thread in a clockwise direction.



4. Refit the shower outlet turning in a clockwise direction until tight.



5. Turn on water to test.



You can make significant savings on your water bill as well as save up to 60% on heating costs when you install flow restrictors compared to using conventional taps.

Source: www.greenhouse.gov.au

How to install for the basin:

1. Using a spanner unscrew the existing aerator in an anti-clockwise direction until it is detached.



2. Remove existing aerator from base.



3. Place new flow regulator into the existing base and screw base in a clockwise direction back into the basin outlet until tight.



4. Turn on the tap to test. If water is leaking use a spanner to tighten but do not over-tighten.



Some useful tips and information:

- Sometimes low flow showerheads can become a bit clogged. Soaking your showerhead in equal amounts of water and vinegar can help to get it running freely again.
- Periodically clean out the aerator or flow regulator. The dirtier your pipes the more often you need to clean the aerator. Try a toothpick on any stubborn grit in the device.